

The Resource & Referral Help Line provides information on programs and services to address issues related to aging and disability. Callers are connected to the resources they need to provide appropriate care and support.

Resource & Referral Help Line



Call us between 8:30 AM and 4 PM Monday through Friday* to speak with a caring professional who will:

- Assist you in obtaining contact information for community and social services *or*
- Arrange for a Care Coordinator to visit you.

**Lines are available 24/7, operators will answer or return calls during the above mentioned times.*

Resource and Referral Help Line

1-888-26-VITALity
(1-888-268-4825)

www.Vitality.CamdenDiocese.org

*If you or a loved one
needs care at home,*

Contact

VITALity

Catholic Healthcare Services

A Healthcare Ministry of the
Diocese of Camden

Services are provided at no
charge through the charitable
work of the Diocese of Camden.



1-888-26-VITALity
(1-888-268-4825)

or start an online chat
www.Vitality.CamdenDiocese.org

Funded through the House of Charity - Bishop's Annual Appeal
and the Healthcare Foundation of the Camden Diocese

Care Coordination & Consultation

**Resource & Referral
Help Line**



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Catholic Healthcare Services

A HEALTHCARE MINISTRY OF THE DIOCESE OF CAMDEN



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Care Coordination & Consultation

Care Coordinators are:

- Registered Nurses and Medical Social Workers who will assist you to access Diocesan and Community Services.
- Caring Professionals will meet you in the privacy of your home or Parish to speak with you about your concerns and the services that are available.
- Experienced in navigating the health care system and helping others through the complex process of today's medical system.

Examples:

- Arrange for home delivered meals, attendance at a senior day program, homecare or transportation services.
- Coordinate with hospitals, physicians and parishes to facilitate home, medical and spiritual services after discharge.
- Provide information about insurance and prescription coverage and eligibility for assistance.
- And much more—contact us to see how we can help you.

How can Care Coordinators help?



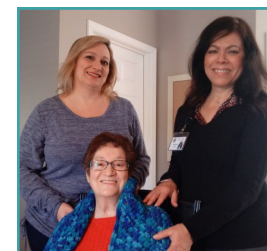
- Care Coordinators can help you remain as healthy and independent as possible at home.
- Maintain the highest level of physical, spiritual and emotional vitality as you encounter the challenges of aging or disability.
- Become more informed about your health care needs and services required to meet those needs.
- Identify risks of hospitalization and help manage and avoid them.
- Connect you to needed medical, social and spiritual services in the community
- Provide emotional and spiritual support for you and your caregivers.

Letter from a Caregiver

"I'm an only child. I didn't know what to do when Mom got sick. I heard about VITALity at church and called.

The care coordinator visited and listened. She figured out what we needed to do and handled everything one by one. Now we have a home health aide to help Mom and we are waiting to hear about additional services.

We just needed a little bit of help, guidance, attention, support and action to get it going. I really appreciate what you do. You are definitely making a difference in peoples' lives."



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