



VITALity
Catholic Healthcare Services

A HEALTHCARE MINISTRY OF THE DIOCESE OF CAMDEN



2022 ANNUAL REPORT

Delivering the *CARE*



in Health *CARE*

"I came that they might have life and have it more abundantly."

John 10:10





Allow me to welcome you to the VITALity Catholic Healthcare Services 2022 Annual Report. As the world continues to unwind slowly from the misery and constraints of the COVID-19 Pandemic, VITALity remains a source of healing and a sign of hope for so many of our aged and disabled brothers and sisters in South Jersey. Having now completed seven years of this unique and dynamic ministry within our Diocese, I remain proud and pleased with the ongoing efforts of the dedicated staff of VITALity, in delivering outstanding compassionate care which brings comfort and peace of mind to so many families during what can be the most challenging times of their lives. Whether as Chaplains in hospitals, as nurses coordinating care in the home and community, or as Parish Nurses, Stephen Ministers, or Senior Day Center leaders within our parishes, they all contribute, on a daily basis, to the

well-being of our most vulnerable seniors and those living with physical and mental disabilities.

In the pages that follow, I invite you to read about the many services and programs conducted through VITALity and the effects these have on the lives of so many people. I continue to ask for your prayerful support of this ministry and thank you for your generosity which helps sustain this needed work throughout the Diocese of Camden. May God bless you always and may His grace come upon all who help others in His name.

Sincerely in Christ,



Most Reverend Dennis J. Sullivan, D.D.
Bishop of Camden



Thank you for your interest in our VITALity Catholic Healthcare Services 2022 Annual Report. In the pages to follow, I invite you to get to know us and the many charitable works we provide that bring healing into the lives of so many seniors and persons with disabilities. Read about our programs that provide relief from the ongoing challenges of aging and its associated frustrations, confusion, loneliness, and isolation. Learn about our services that aim to restore independence and dignity to those with disabilities. Those who can be easily forgotten in our communities.

VITALity is supported through the generosity of donors to Camden Diocese's South Jersey Catholic Ministries Appeal and through grants from the Healthcare Foundation of the Diocese of Camden. Being rooted in our Catholic values, we deliver these services compassionately as the Gospel directs us, and care for and assist all people in need, regardless of their faith or religious affiliation. All VITALity services are provided free of charge throughout all communities within the six counties comprising the Diocese of Camden.

In this 2022 Annual Report you will read of the commitment of a dedicated staff of professionals who bring care to others based primarily upon a sense of compassion and love for those we serve. Whether in the home, the parish, or in the hospital, VITALity programs are delivered in accordance to the commands of Jesus to love one another and care for those in need.

I hope you find this 2022 Annual Report useful for your needs or the needs of someone you love and care for. I thank you for your prayerful support and generosity that allows us to continue our mission to ease the burden of aging, sickness, and disability in the lives of those who call upon us for help here in South Jersey.

VITALity services are just a phone call away. Our Resource and Referral Help Line (888-26-VITALity, or 888-268-4825) is there to answer your call for healthcare related assistance of any kind. Many of our programs can also be directly accessed through your local parishes throughout South Jersey.

May God's blessings be upon you.



Deacon Jerry Jablonowski
Secretariat for Health and Well-Being
Executive Director
VITALity Catholic Healthcare Services
Diocese of Camden

VITALity Catholic Healthcare Services MISSION STATEMENT

We serve to enhance the quality and promote the dignity of life for the elderly, persons with disabilities and their families throughout the Diocese of Camden through programs and services that address the health and well-being of body, mind and spirit. Rooted in our Catholic values, we deliver these services freely and compassionately as the Gospel directs us, and we will care for and assist all people in need, regardless of their religious affiliation.

We spoke on the phone and you explained the process for obtaining assistance from VITALity Health Services. After speaking to my friend, you returned my call promptly and as a result, my friend received help within days through the care coordinator. While my friend still has issues ahead, the help generated through your involvement has provided hope in addition to the material goods. I thank you for your dedication.



Aging often brings with it the challenges of living safely at home either alone or with family. Nurses and social workers with the Diocese of Camden's VITALity Catholic Healthcare Services often encounter individuals during some of these most difficult times of their lives. And when seniors and those with disabilities are faced with the need for help in the home, one call to our Resource and Referral Help Line at 1-888-26-VITALity (1-888-268-4825) connects them to a nurse or social worker who will guide them to resources and assistance to stay as independent and safe as possible.

VITALity's nurses and social workers are well-versed in the many programs and services that are available throughout South Jersey. We are here to support you every step of the way in your journey. We can assist you in identifying what services are available and help make the connections, as well as provide support with paperwork and applications.

In 2022 we received 1,057 requests for information and assistance from individuals and family members experiencing the challenges of aging, illness, and disability. VITALity Care Coordinators made 4,800 home visits and phone consultations and arranged 2,171 essential services to individuals while providing much needed comfort and support.



Top 10 Services Arranged

- Home Health Aide/Home Help Services
- Insurance Assistance
- Housing/Assisted Living/Nursing Home
- Catholic Charities Referral
- Food/Meals on Wheels
- In-home Medical Care
- Parish Services/Ministry Referral
- Utility Assistance
- Medical Equipment
- Transportation

Registered Nurses and other healthcare professionals continue to serve in the Parish Nurse ministry throughout the Diocese of Camden. This past year the ministry expanded its presence to be in 35 of our parish communities with over 100 volunteers helping to support the ministry's mission of whole person healing.

Parish Nursing has touched the lives of over 7,000 parish community members throughout the Diocese this past year. Collaborating with community resources, ministries brought in presentations at local parishes focused on current health issues such as Alzheimer awareness and education, bicycle riding safety, CPR education and training, classes on nutrition, and programs on palliative care and hospice education. Parish community events including health fairs, blood drives and flu shot clinics were once again organized and reflected an increase in parishioner participation from years past.



During this post-pandemic year, ministries have resumed previously suspended services such as monthly blood pressure screenings, individualized health education and advocacy, rides to doctor's appointments, and home visits by ministry members offering prayer and emotional support.

Through the Foundations of Faith Community Nursing course, six new parish nurses were commissioned in our Diocese.

Our Journey of Hope & Mercy Teams

Parish-based ministries supported by VITALity continue to be a resource to our parish communities. Our Journey of Hope and Mercy Teams are examples of two different parish-based ministries supported by VITALity with similar goals: to be an example of the working hands of Jesus to help those in times of greatest need.

Volunteer ministry members in Our Journey of Hope offer assistance to those journeying through cancer treatments. Volunteers trained specifically to help those battling cancer offer physical and spiritual assistance such as helping with light household chores, cleaning, laundry, grocery shopping, prepping and dropping off meals.

Mercy Team ministries function similarly in that they aim to help in both practical and at times spiritual ways. This ministry helps older adults and those with disabilities. Rides to doctor's appointments, picking up medications or groceries, preparing light meals, or helping with household chores are all examples of ways Mercy Team members strive to meet the needs of this vulnerable population.

VITALity's Hospital Chaplaincy program cares for the hospitalized and elderly infirm in 18 institutions throughout South Jersey by providing compassionate, emotional and spiritual support to Catholic patients and their families. 2022 was a year when the hospital/healthcare institutions began to lift restrictions for pastoral care visitations that were in place since 2020 due to the COVID-19 Pandemic.



Annual Spiritual Report

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|--|--------|
| Pastoral care encounters with patients | 56,431 |
| Pastoral care visits with staff & families | 8,660 |
| The Eucharist shared..... | 20,322 |
| Anointings / Sacrament of the Sick..... | 3,669 |
| Baptisms celebrated..... | 7 |
| Hospitals / Facilities served..... | 18 |
| Priest Chaplains and Associates..... | 17 |

While continuing to adhere to all infection control policies and with adequate personal protective equipment, our chaplains were able to significantly increase the total number of pastoral care visits to patients/families/staff in 2022. Our team visited the sick and gave Holy Communion to an average of nearly 1,700 patients, families and staff each month. Our Priest Chaplains administered the Sacrament of the Sick to 3,669 persons desiring this grace of the Lord's healing mercy. These statistics show the ongoing commitment of our chaplains who remain present to those in need of pastoral care.



Through VITALity Catholic Healthcare Services, our pastoral care teams minister in all of the secular hospitals within our Diocese. Each team consists of a Priest Chaplain along with an Associate Chaplain (Deacon, Religious Sister, or Lay Minister). Additionally, our chaplains ministered to the spiritual needs of the dedicated healthcare professionals who care for the sick within all of these institutions.

Ministry with the Deaf & Persons with Disabilities

Delivering CARE through

Acceptance & Welcome

VITALity's Ministry with the Deaf and Persons with Disabilities invites all persons with disabilities and their families to experience, throughout their lifespan, their essential belonging in their parish, the Diocese, and the Church at large.



We work with clergy and families as well as other partners to encourage people with special needs to participate fully in their parishes and communities. With 8 parishes offering Masses of Welcome and Inclusion, sensory-friendly liturgies, and faith formation programs, this ministry is growing and reaching more people each year.

Stephen Ministry

Delivering CARE through

Accompaniment & Concern

Providing an additional avenue of pastoral and spiritual care, Stephen Ministry is a lay ministry based on the idea that all Christians are called to minister to others, offering compassionate and caring listening and accompaniment to people going through life struggles.



Stephen Ministry at a Glance

| | |
|--------------------------------|------|
| Stephen Ministry Parishes..... | 17 |
| Trained Stephen Leaders..... | 36 |
| Trained Stephen Ministers..... | 250+ |
| Care Receivers..... | 250+ |

With over 250 trained Stephen Ministers in 17 parishes throughout the Diocese, all pledge to remain steadfast in their mission to walk with others through listening, prayer and offering emotional and spiritual support, providing one-on-one confidential Christian care to members of our parishes and our communities.

The Parish Senior Social Day Centers' 2022 calendars were brimming with fun-filled celebrations, exercise enrichment programs, and special events. Ministry directors worked tirelessly to curate programs that brought older adults together in community and fellowship. And, with this year's addition of the Young at Heart Club at Christ the Redeemer Parish in Atco, we now have 4 centers dedicated to the health and well-being of our senior members.



Over 100 faithful seniors participated in The Way of St. James Pilgrimage Walk, and in September we gathered at a Mass with centenarians and nonagenarians throughout the Diocese to honor lives well lived. Our newest event, the Senior P.R.O.M. (Party and Rejoice in our Ministry), was a celebration and thanksgiving for the joy of aging with healthy minds, bodies, and spirits.

With support from VITALity, the Senior Social Day Centers throughout the Diocese remain dedicated to the senior members in our communities, working to help keep them independent, healthy, and engaged so they can live "Life to the Fullest!"



Senior Day Centers

The Renaissance Center

Saint Andrew the Apostle Parish - Gibbsboro

Prime Timers

Church of the Incarnation Parish - Mantua

Golden Slippers

Saint Simon Stock Parish - Berlin

Young at Heart Club

Christ the Redeemer Parish - Atco



Life to the Fullest Membership Program

2,574 MEMBERS

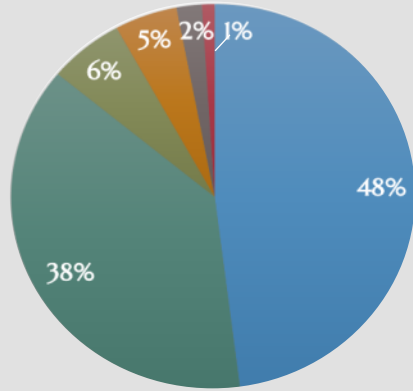
VITALity's "Life to the Fullest" membership program informs and connects seniors to the information they need to stay safe and healthy at home. Membership is free to all seniors age 65 and over living in the South Jersey area. Members receive our bi-monthly newsletter filled with Diocesan news and upcoming events, current health information, and more. Members can request free literature on a variety of topics including spiritual enrichment and healthy living.



FINANCIAL STEWARDSHIP

VITALity Catholic Healthcare Services
 Diocese of Camden
 631 Market Street
 Camden, NJ 08102

NON PROFIT ORG
 US POSTAGE
PAID
 PERMIT 42
 BELLMAWR, NJ



VITALITY SERVICES (AS PERCENT OF TOTAL BUDGET)

| | |
|------------------------------------|-------------|
| Care Coordination/Help Line | 48% |
| Hospital Chaplaincy | 38% |
| Parish Nursing | 6% |
| Parish Senior Programs/Day Centers | 5% |
| Ministry With Deaf/Disabilities | 2% |
| Stephen Ministry | 1% |
| Total | 100% |

VITALITY ANNUAL BUDGET FUNDING SOURCES

| | |
|---|--------------------|
| Diocese of Camden Healthcare Foundation | \$1,818,710 |
| South Jersey Catholic Ministries Appeal | 344,832 |
| Diocesan Housing Nursing Services Stipends | 340,320 |
| Other Grants / Income | 199,450 |
| Total VITALity Annual Budget Funding | \$2,703,312 |

Stewardship of the financial resources we are privileged to receive is of high priority within our ministry. Realizing the cost of services and the amount of human capital that goes into these services, VITALity develops programs that both meet the needs of those we serve in South Jersey and stay within the cost limits established through our appropriations from the Diocese of Camden Healthcare Foundation, Inc. and the South Jersey Catholic Ministries Appeal.

If you would like to join us in delivering the care, your contribution would be greatly appreciated. Your donation payable to: **VITALity Catholic Healthcare Services/Diocese of Camden** will allow us to continue our work, touching the lives of even more people here in South Jersey who find hope and comfort from the charitable works of VITALity Diocese of Camden. Thank you for your support.

Delivering the CARE

Deacon Jerry J. Jablonowski, MS, PT

Secretariat for Health and Well-Being
 Executive Director
 VITALity Catholic Healthcare Services
 Diocese of Camden

Deacon Mike Bortnowski

Director
 Hospital Chaplaincy

Mimi Schaible, RN, MSN, MBA

Director, Care Coordination and Consultation

Nicole Keefer, RN

Director, Parish Nursing
 Wellness Nurse Housing Services

Reverend Hugh J. Bradley

Director
 Ministry with the Deaf and Persons with Disabilities

Karen Fisher, MS

Manager, Parish-based Senior Programs

Gloria Sanders

Office Manager

Natasha Sauls

Call Center Coordinator

Sister Mary Rose Mroz, SCC

Administrative Support
 Call Center Operator

Betsy Roberts, MSW

Care Coordinator

Rosemary Love, RN

Care Coordinator

Christine Vattimo, RN

Care Coordinator

Patricia Williams, RN

Care Coordinator

Judy Fyfe, RN

Care Coordinator

Jacquelyn D'Aleo, RN

Care Coordinator
 Wellness Nurse Housing Services

Maureen E. Mahon, RN

Wellness Nurse Housing Services

Patricia Fennell, RN

Wellness Nurse Housing Services

CHAPLAINS

Reverend Naveen Borlakunta, VC

Reverend Monsignor Dominic J. Bottino

Reverend Glenn R. Hartman

Reverend Marsianus Leu

Reverend Robert B. Matysik

Reverend Varghese Srambickal, VC

Reverend John Wasilewski

ASSOCIATE CHAPLAINS

Honora Marie Burke

Sister Margaret M. Conboy, SSJ

Nancy Beth DiSeveria

Sam Fulginiti

Deacon Joseph Janocha

Sister M. Mieczyslawa Koczera, LSIC

Sister Christina Ma, MSBT

Anthony Poekert

Deacon Arnaldo Santos

William J. Wisely